

**YOU CAN DOWNLOAD MY
GRATITUDE LOG WHICH IS
AVAILABLE AS 4 PAGES WITH
DIFFERENT FAVOURITE
GRATITUDE QUOTES AND 4
COLOURS.**

THANK YOU.



GRATITUDE LOG

"Gratitude will shift you to a higher frequency, and you will attract much better things." - Rhonda Byrne.

DATE

S M T W T F S

TAKE A MOMENT EACH DAY TO REFLECT ON THE THINGS YOU'RE THANKFUL FOR

TODAY I'M GRATEFUL FOR

1

2

3

THINGS THAT MADE ME SMILE TODAY







SOMETHING THAT
INSPIRED ME TODAY



PEOPLE I'M GRATEFUL TO
HAVE IN MY LIFE



DAILY AFFIRMATIONS

FREE THOUGHTS





GRATITUDE LOG

*"Be present in all things and thankful for all things." -
Maya Angelou*

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"Gratitude is a powerful catalyst for happiness. It's the spark that lights a fire of joy in your soul." - Amy Collette

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"Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow." - Melody Beattie

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